

Manifest Destiny: The Frontier Beneath the Folds

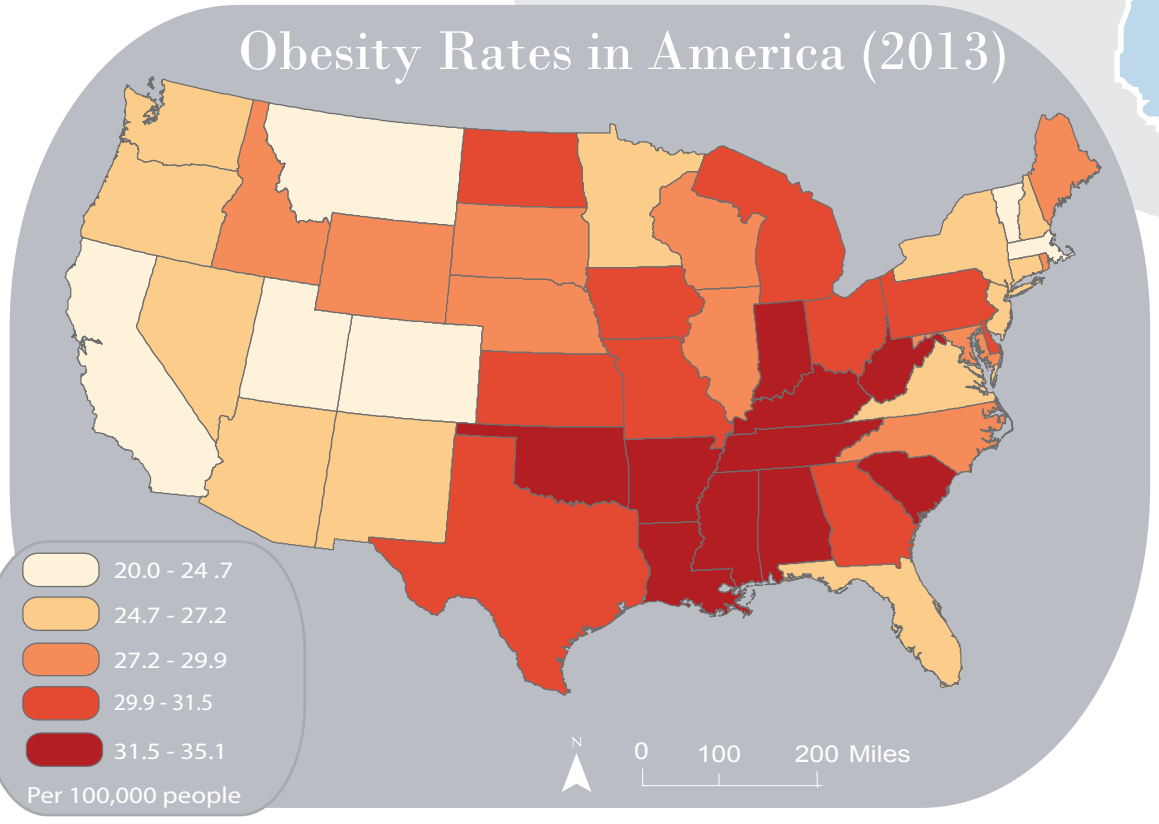
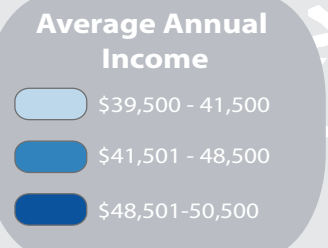
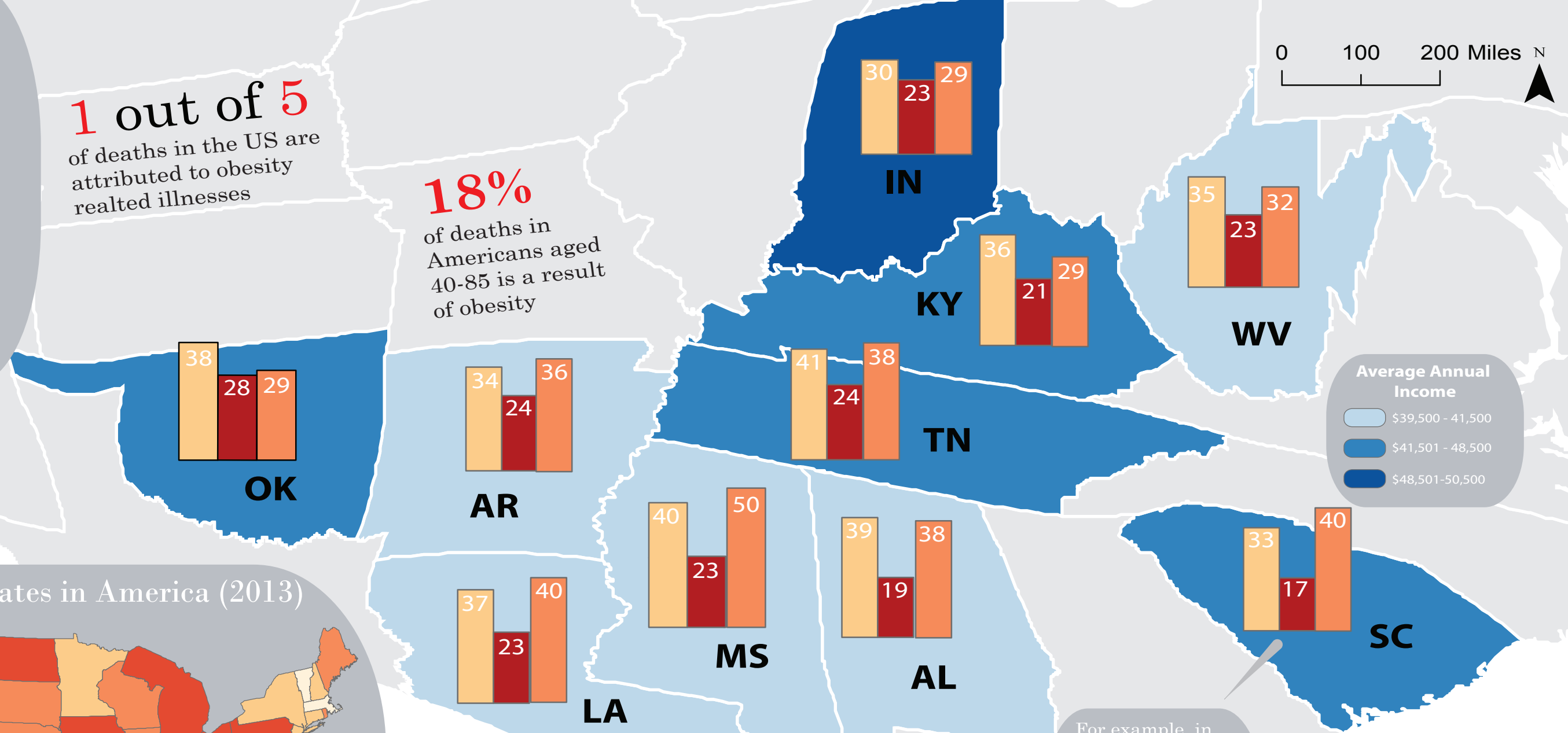
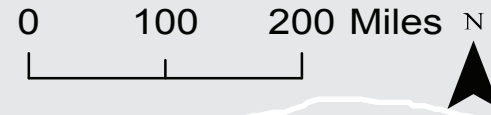
Obesity Rates and their factors in America (2013)

Top 10 Most Obese States in America

1. Mississippi
2. West Virginia
3. Arkansas
4. Tennessee
5. Kentucky
6. Louisiana
7. Oklahoma
8. Alabama
9. Indiana
10. South Carolina

1 out of 5
of deaths in the US are attributed to obesity related illnesses

18%
of deaths in Americans aged 40-85 is a result of obesity



For example, in South Carolina, 33% of people drink a sweetened beverage per day, 17% are physically active for 60 minutes per day, and 40% watch TV 3 or more hours per day

Factors Affecting Obesity Rates

