






# TREKKING ACROSS AMERICA

 The 2012 book "Wild: From Lost to Found on the Pacific Crest Trail" by Cheryl Strayed and the 2014 movie starring Reese Witherspoon highly popularized the PCT. More than double the number of hikers attempted to thru-hike in 2014 than in previous years.


 The North Country Trail is the longest connecting trail in the United States, though there are many unconnected segments. The trail travels through more than 10 National Forests and over 100 State Parks.


 More than 500 miles of the Ice Age Trail is not complete. The route is connected by unofficial routes following country roads, bike trails, and private property.

 The Ice Age Trail covers the length of Wisconsin, following along the pathway of the remaining landscape left behind by continental glaciers.

 The elevation gain and loss from hiking the entire Appalachian Trail is equivalent to climbing from sea level to the top of Mount Everest 16 times.


 Dedicated and passionate backpackers have attempted to complete the "Triple Crown" by thru-hiking the Pacific Crest Trail, Continental Divide Trail, and Appalachian Trail.

 The Continental Divide Trail is one of the most difficult trails to hike, due to its lengthy remote wilderness areas, difficult terrain, and length.

 The term "Thru-Hiking" refers to people who attempt to backpack the entirety of a trail at once, which takes months to accomplish. Some trails have fewer thru-hikers to their length and difficulty.

## POINTS OF INTEREST

**Pacific Crest Trail**  
2,650 Miles  
1,200 Thru-Hikers Per Year

-  1 Mt. Whitney
-  2 Sequoia Nat. Park
-  4 Crater Lake Nat. Park
-  5 Mount Hood
-  6 Mount Rainier
-  7 North Cascades Nat. Park

**Continental Divide Trail**  
3,100 Miles  
150 Thru-Hikers Per Year

-  8 Mount Elbert
-  9 Longs Peak
-  11 Gannett Peak
-  12 Yellowstone Nat. Park
-  13 Glacier Nat. Park
-  10 Rocky Mountain Nat. Park
-  14 Mount Cleveland








**North Country Trail**  
4,700 Miles  
<20 Thru-Hikers Finished

-  15 Chippewa Nat. Forest
-  16 Superior Nat. Forest
-  18 Ottawa Nat. Forest
-  19 Pictured Rock Nat. Lakeshore
-  20 Manistee Nat. Forest
-  21 Allegheny Nat. Forest
-  17 Chequamegon Nat. Forest
-  22 Adirondack Mountains

**Ice Age Trail**  
1,200 Miles  
<50 Thru-Hikers Per Year

-  23 Wisconsin Interstate State Park
-  24 Devils Lake State Park
-  26 Potowatomi State Park
-  25 Kettle Moraine State Park

**Appalachian Trail**  
2,200 Miles  
3,000 Thru-Hikers Per Year

-  27 Springer Mountain
-  28 Great Smokey Mt. Nat. Park
-  29 Clingman's Dome
-  31 McAfee Knob
-  32 Mount Washington
-  30 Shenandoah Nat. Park
-  33 Mount Khatadin



Spatial Reference: North American Lambert Conformal Conic Scale: 1:18,000,000  
Data sources: Census.gov, usda.gov, nps.opendata.arcgis.com, continentaldividetrail.org, northcountrytrail.org, geodata.wisc.edu, naturalearth.org  
Image sources: "Mountain" - Andrew Doane, "Pine Tree - Monkamil", "Cactus" - Anusha Narvekar  
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